

HOMEDICS[®]
#1 BRAND IN MASSAGE*



Therapist Select[®] Plus Percussion Massager

INSTRUCTION MANUAL AND WARRANTY INFORMATION

1-YEAR LIMITED WARRANTY

PGM-745-AU

IMPORTANT SAFEGUARDS

WHEN USING ELECTRICAL PRODUCTS, ESPECIALLY WHEN CHILDREN ARE PRESENT, BASIC SAFETY PRECAUTIONS SHOULD ALWAYS BE FOLLOWED, INCLUDING THE FOLLOWING:

READ ALL INSTRUCTIONS BEFORE USING.

DANGER — TO REDUCE THE RISK OF ELECTRIC SHOCK:

- Always unplug this appliance from the electrical outlet immediately after using and before cleaning.
- DO NOT reach for an appliance that has fallen into water. Unplug it immediately.
- DO NOT use while bathing or in a shower.
- DO NOT place or store appliance where it can fall or be pulled into a tub or sink.
- DO NOT place in or drop into water or other liquid.

WARNING — TO REDUCE THE RISK OF BURNS, ELECTRIC SHOCK, FIRE, OR INJURY TO PERSONS:

- An appliance should NEVER be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts or attachments.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- Use this appliance only for its intended use as described in this manual. DO NOT use attachments not recommended by HoMedics; specifically, any attachments not provided with the unit.
- NEVER operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a HoMedics Service Center for examination and repair.
- Keep the cord away from heated surfaces.
- NEVER drop or insert any object into any opening.
- DO NOT operate where aerosol products are being used or where oxygen is being administered.
- DO NOT operate under a blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- DO NOT carry this appliance by the supply cord or use cord as a handle.
- To disconnect, turn all controls to the off position, then remove plug from outlet.
- DO NOT use outdoors.
- NEVER operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- NEVER operate on a soft surface such as a bed or couch where the air openings may be blocked.
- Keep long hair away from massager while in use.
- DO NOT use massager in close proximity to loose clothing or jewelry.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.

- Recharge only with the charger provided with the unit. A charger that is suitable for one type of battery pack may create a risk of fire when used with another battery pack.
- DO NOT expose a battery pack or appliance to fire or excessive temperatures.
- Follow all charging instructions and do not charge the battery pack or appliance outside of the temperature range specified in the instructions. Charging improperly or at temperatures outside of the specified range may damage the battery and increase the risk of fire. Product operating and charging range: 0°C – 40°C.

SAVE THESE INSTRUCTIONS – CAUTION — PLEASE READ ALL INSTRUCTIONS CAREFULLY BEFORE OPERATING.

- This product is not intended for medical use.
- Consult your doctor prior to using this product, if:
 - You are pregnant
 - You have a pacemaker
 - You have any concerns regarding your health
- NOT recommended for use by people with diabetes.
- NEVER leave the appliance unattended, especially if children are present.
- NEVER cover the appliance when it is in operation.
- DO NOT use this product for more than 15 minutes at a time.
- Extensive use could lead to the product's excessive heating and shorter life. Should this occur, discontinue use and allow the unit to cool before operating.
- NEVER use this product directly on swollen or inflamed areas or skin eruptions.
- DO NOT use this product as a substitute for medical attention.
- DO NOT use this product before bed. The massage has a stimulating effect and can delay sleep.
- NEVER use this product while in bed.
- This product should NEVER be used by any individual suffering from any physical ailment that would limit the user's capacity to operate the controls or who has sensory deficiencies in the lower half of their body.
- This unit should not be used by children or invalids without adult supervision.
- NEVER use this product in automobiles.
- This appliance is intended for household use only.

This product has an internal, nonreplaceable lithium-ion battery. This battery is not user-serviceable. Please dispose in accordance with local, state, province, and country regulations.

INSTRUCTIONS FOR USE

1. Your massager, when opened, may require charging. To charge your massager, plug the adapter cord into the port on the bottom of the massager's handle and plug the other end into a power outlet. Your massager will be fully charged after 4.5 hours of charge time, and the charge will last up to 4 hours.

NOTE: The massager will not turn on when plugged in and charging. It has reached a full charge when the battery readout shows "99."

2. To turn the unit on, move the switch located on the bottom of the unit to the on position (Fig. 1).
3. To activate the massage feature, use the "+" and "-" controls located on the touch screen (Fig. 2).
4. Apply the massage head to the muscle you would like to massage. See the corresponding chart on page 5 for the appropriate attachment to use.
5. When massage is complete, turn the unit off by moving the power switch to the off position and return the unit to its storage case.

CAUTION: NEVER use this appliance on or near eyes or other highly sensitive areas.

NOTE: Operation of longer than 15 minutes is not recommended and may cause overheating.

NOTE: This unit is equipped with a 15-minute auto-off feature for your safety.

NOTE: The LCD screen has a clear, plastic film to protect the screen before use. When you are ready to use your massage gun, peel off the plastic film by lifting at one corner and pulling gently. Discard film.



Fig. 1



Fig. 2

MAINTENANCE

TO CLEAN:

- Be sure to unplug the unit and allow it to cool before cleaning. Use a soft, slightly damp cloth to wipe.
- NEVER allow water or any liquids to come into contact with the handle.
- This product has an internal, nonreplaceable lithium battery. This battery is not user-serviceable. Please dispose in accordance with local, state, province, and country regulations.

TO STORE:

- Store this unit in its box or a cool, dry place.
- DO NOT hang the unit by the power cord.

CAUTION: All servicing of this unit must be performed by authorized HoMedics service personnel only.



LARGE BALL ATTACHMENT

The large ball attachment is great for focusing on large muscle groups such as quads, glutes, hamstrings and lats.



SMALL BALL ATTACHMENT

Perfect attachment for overall use, this attachment can be used on small and large muscle groups.



U-SHAPED ATTACHMENT

Attachment is great for pinpointing muscles along the spine as well as around joints.



TRIGGER POINT ATTACHMENT

Pinpoint problem areas and release trigger points. Also suitable for small pressure points like hands and feet.



FLAT ATTACHMENT ACUPRESSURE SURFACE

Small surface area attachment allows for targeted massage. Best used if focused on areas such as the IT band, hamstrings, and chest.



WEDGE ATTACHMENT

The wedge attachment provides pinpointed massage in a larger surface area to loosen tight knots in areas like the neck and upper back.

INTENSITY



**BATTERY
PERCENTAGE**

**HIGH-TORQUE BRUSHED MOTOR
PROVIDES A QUIET YET EFFECTIVE
PERCUSSION MASSAGE**



**TOUCHSCREEN CONTROLS
WITH 6 SPEEDS AND BATTERY
PERCENTAGE**

Distributed by

HOMEDICS®

One year limited warranty

We or us means HoMedics Australia Pty Ltd ACN 31 103 985 717 and our contact details are set out at the end of this warranty;

You means the purchaser or the original end-user of the Goods. You may be a domestic user or a professional user;

Supplier means the authorised distributor or retailer of the Goods that sold you the Goods in Australia and New Zealand; and **Goods** means the product or equipment which was accompanied by this warranty and purchased in Australia and New Zealand.

For Australia:

Our Goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled, subject to the provisions of the Australian Consumer Law, to a replacement or refund for a major failure and for compensation for any other reasonably foreseeable loss or damage. You are also entitled, subject to the provisions of the Australian Consumer Law, to have the Goods, repaired or replaced if the goods fail to be acceptable and the failure does not amount to a major failure. This is not a complete statement of your legal rights as a consumer.

For New Zealand:

Our Goods come with guarantees that cannot be excluded under the Consumer Guarantees Act 1993. This guarantee applies in addition to the conditions and guarantees implied by that legislation.

The Warranty

HoMedics sells its products with the intent that they are free of defects in manufacture and workmanship under normal use and service. In the unlikely event that your HoMedics product proves to be faulty within 1 year from the date of purchase due to workmanship or materials only, we will replace it at our own expense, subject to the terms and conditions of this guarantee. The warranty period is limited to 3 months from the date of purchase for products used commercially/professionally.

Terms and Conditions:

In addition to the rights and remedies that you have under the Australian Consumer Law, Consumer Guarantees Act of New Zealand or any other applicable law and without excluding such rights and remedies warranty against defects:

1. The Goods are designed to withstand the rigors of normal household use and are manufactured to the highest standards using the highest quality components. Whilst unlikely, if, during the first 12 months (3 months commercial use) from their date of purchase from the Supplier (Warranty Period), the Goods prove defective by reason of improper workmanship or materials and none of your statutory rights or remedies apply, we will replace the Goods, subject to the terms and conditions of this warranty.
2. We do not have to replace the Goods under this Additional Warranty if the Goods have been damaged due to misuse or abuse, accident, the attachment of any unauthorized accessory, alteration to the product, improper installation, unauthorised repairs or modifications, improper use of electrical/power supply, loss of power, malfunction of damage of an operating part from failure to provide manufacturer's recommended maintenance, transportation damage, theft, neglect, vandalism, environmental conditions or any other conditions whatsoever that are beyond the control of HoMedics.
3. This Warranty does not extend to the purchase of used, repaired or second-hand products or to products not imported or supplied by HoMedics Australia Pty Ltd, including but not limited to those sold on offshore internet auction sites.

4. This Warranty extends only to consumers and does not extend to Suppliers.
5. Even when we do not have to replace the Goods, we may decide to do so anyway. In some cases, we may decide to substitute the Goods with a similar alternative product of our choosing. All such decisions are at our absolute discretion.
6. All such replaced or substituted Goods continue to receive the benefit of this Additional Warranty for the time remaining on the original Warranty Period (or three months, whichever is the longest).
7. This Additional Warranty does not cover items damaged by normal wear and tear including but not limited to chips, scratches, abrasions, discolouration and other minor defects, where the damage has negligible effect on the operation or performance of the Goods.
8. This Additional Warranty is limited to replacement or substitution only. As far as the law permits, we will not be liable for any loss or damage caused to property or persons arising from any cause whatsoever and shall have no liability or any incidental, consequential or special damages.
9. This warranty is only valid and enforceable in Australia and New Zealand.

Making a Claim:

In order to claim under this Warranty you must return the Goods to the Supplier (place of purchase) for replacement. If this is not possible, please contact our customer service department at the address below.

- All returned Goods must be accompanied by satisfactory proof of purchase which clearly indicates the name and address of the Supplier, the date and place of purchase and identifies product. It is best to provide an original, legible and unmodified receipt of sales invoice.
- You must bear any expense for return of the Goods or otherwise associated with making your claim under this Additional Warranty.