

## CONVECTION MICROWAVE OVEN COOKING GUIDE

NN-CD58J



TURBO DEFROST			
Program	Bread	Mince/Chops	Meat Joints
Weight Range	100g-900g	200g-1200g	400g-2000g
Menu	Menu 1	Menu 2	Menu 3
Example of Use	Bread and Rolls. Turn at beep. Standing time 10-15 minutes.	Small pieces of meat, chicken portions, steak, chops. Turn at beeps and shield. Standing time 15-30 minutes.	Whole chicken, meat joints. Turn at beeps and shield. Standing time of at least 1 hour.



AUTO MENU - JUNIOR MENUS								
Program	Puree Vegetables	Puree Fruits	Junior Pasta Bake	Chilled Breaded Products	Frozen Breaded Products	Fresh Vegetable Fries	Frozen Vegetable Fries	Flapjacks
Weight Range	100g-400g	100g-400g	200g-600g	100g-500g	100g-500g	100g-500g	100g-500g	N/A
Menu	Menu 4	Menu 5	Menu 6	Menu 7	Menu 8	Menu 9	Menu 10	Menu 11
Recommended Oven Accessory	Microwave safe dish, on glass turntable.	Microwave safe dish, on glass turntable.	Shallow microwave safe dish.	Wire rack on enamel tray, placed on glass turntable.	Wire rack on enamel tray, placed on glass turntable.	Wire rack on enamel tray, placed on glass turntable.	Wire rack on enamel tray, placed on glass turntable.	Square microwave safe dish on enamel tray.

AUTO MENU - REHEAT					AUTO MENU - AUTO COOK			
Program	Reheat Curry	Reheat Chinese Style	Reheat Pasta	Reheat Casserole	Fresh Vegetables	Fresh Fish	Porridge with milk	Porridge with water
Weight Range	300g-800g	300g-450g	300g-1600g	300g-900g	100g-800g	200g-800g	50g-200g	50g-200g
Menu	Menu 12	Menu 13	Menu 14	Menu 15	Menu 16	Menu 17	Menu 18	Menu 19
Recommended Oven Accessory	Microwave safe dish, on glass turntable.	Shallow microwave safe dish on glass turntable.	Shallow microwave safe dish on glass turntable.	Microwave safe bowl on glass turntable.	Microwave safe bowl on glass turntable.			

AUTO MENU - AUTO ROAST										
Program	Jacket Potatoes	Frozen Pizza	Frozen Potato Products	Fish and Chips	Whole Chicken	Beef Rare	Beef Medium	Beef Well Done	Lamb Medium	Lamb Well Done
Weight Range	200g-1500g	130g-450g	200g-500g	200g-500g	900g-2000g	500g-2000g	500g-2000g	500g-200g	1000g-2000g	1000g-2000g
Menu	Menu 20	Menu 21	Menu 22	Menu 23	Menu 24	Menu 25	Menu 26	Menu 27	Menu 28	Menu 29
Recommended Oven Accessory	Enamel tray on glass turntable.	Wire rack on enamel tray on glass turntable.	Wire rack on enamel tray on glass turntable.	Wire rack on enamel tray on glass turntable.	Enamel tray on glass turntable.					

COOKING MODES - GRILL			COOKING MODES - CONVECTION & MICROWAVE (WITH PREHEAT)			
Grill 1	Grill 2	Grill 3	Temperature °C	Microwave Power	Example of Use	Recommended Oven Accessory
High	Medium	Low	220°C	100W	Nuggets, Sausage Rolls, Apple Pie, Bread and Butter Pudding	Enamel tray on glass turntable, or wire rack on enamel tray on glass turntable.
Toasting bread, muffins, teacakes etc.		Thin seafood.	220°C	300W	Quiche, Frozen Garlic Baguette, Part Baked Rolls, Meat Pies, Cottage Pie, Fish Pie.	
Wire rack on enamel tray on glass turntable or enamel tray on wire rack on glass turntable.		Slices of poultry or meat.	190°C	300W	Whole Chicken/Turkey	Enamel tray on glass turntable.
COOKING MODES - GRILL & MICROWAVE			180°C	300W	Lamb Joints	
Press Grill	To set desired Grill setting.		170°C	300W	Beef Joints	
Press Micro Power	To set desired Microwave power level.		170°C	440W	Pork Joints	
Enter Time	Use dial to enter cooking time. Press Start.		160°C	100W	Casseroles	
Wire rack on enamel tray on glass turntable or enamel tray on wire rack on glass turntable.		COOKING MODES - CONVECTION				
		Temperature °C	Example of Use		Recommended Oven Accessory	
		40°C - 100°C	Choice of convection temperatures WITHOUT preheat.		Enamel tray on glass turntable, or wire rack on enamel tray on glass turntable.	
		100°C - 200°C	Choice of convection temperatures WITH preheat.			