

HOMEDICS®

Handheld Physio
Massager



Instruction Manual and
Warranty Information

1 year limited warranty

PGM-200-AU

IMPORTANT SAFEGUARDS:

WHEN USING ELECTRICAL PRODUCTS, ESPECIALLY WHEN CHILDREN ARE PRESENT, BASIC SAFETY PRECAUTIONS SHOULD ALWAYS BE FOLLOWED, INCLUDING THE FOLLOWING:

READ ALL INSTRUCTIONS BEFORE USING.

DANGER - TO REDUCE THE RISE OF ELECTRIC SHOCK.

- **ALWAYS** unplug this appliance from the electrical outlet immediately after using and before cleaning.
- **DO NOT** reach for an appliance that has fallen into water. Unplug it immediately.
- **DO NOT** use while bathing or in a shower.
- **DO NOT** place or store appliance where it can fall or be pulled into a tub or sink.
- **DO NOT** place in or drop into water or other liquid.

WARNING – TO REDUCE THE RISK OF BURNS, ELECTRIC SHOCK, FIRE, OR INJURY TO PERSONS:

- An appliance should NEVER be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts or attachments.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- Use this appliance only for its intended use as described in this manual. **DO NOT** use attachments not recommended by HoMedics; specifically any attachments not provided with the unit.
- **NEVER** operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Contact HoMedics Customer Service for advice on examination and repair.
- Keep the cord away from heated surfaces.
- **NEVER** drop or insert any object into any opening.
- **DO NOT** operate where aerosol (spray) products are being used or where oxygen is being administered.
- **DO NOT** operate under a blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- **DO NOT** carry this appliance by the supply cord or use cord as a handle.
- To disconnect, turn all controls to the “off” position, then remove plug from outlet.
- **DO NOT** use outdoors.
- **NEVER** operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- **NEVER** operate on a soft surface such as a bed or couch where the air openings may be blocked.
- Keep long hair away from massager while in use.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.

⚠ WARNING:

An Australian approved USB power adaptor must be used to charge the PMG-200-AU. Adaptor output charging voltage of **5Vdc 1A** must NOT be exceeded.

SAVE THESE INSTRUCTIONS:

CAUTION: PLEASE READ ALL INSTRUCTIONS CAREFULLY BEFORE OPERATING.

- Consult your doctor prior to using this product, if
You are pregnant - You have a pacemaker - You have any concerns regarding your health
- Not recommended for use by people with diabetes.
- **NEVER** leave the appliance unattended, especially if children are present.
- **NEVER** cover the appliance when it is in operation.
- **DO NOT** use this product for more than 15 minutes at a time.
- Extensive use could lead to the product's excessive heating and shorter life. Should this occur, discontinue use and allow the unit to cool before operating.
- **NEVER** use this product directly on swollen or inflamed areas or skin eruptions.
- **DO NOT** use this product as a substitute for medical attention.
- **DO NOT** use this product before bed. The massage has a stimulating effect and can delay sleep.
- **NEVER** use this product while in bed.
- This product should **NEVER** be used by any individual suffering from any physical ailment that would limit the user's capacity to operate the controls or who has sensory deficiencies in the lower half of their body.
- This unit should not be used by children or invalids without adult supervision.
- **NEVER** use this product in automobiles.
- This appliance is intended for household use only.

CAUTION: IN CASE OF PREGNANCY OR ILLNESS, CONSULT YOUR DOCTOR BEFORE USING MASSAGER.

TECHNICAL SPECIFICATIONS:

Battery Capacity	3.7V/4000MAH (14.8Wh)
Charging voltage	5V USB 1A
1st mode Speed	2100 Rpm 35 Hz
2nd mode Speed	2550 Rpm 42.5 Hz
3rd mode Speed	3000 Rpm 50 Hz
Charging Time	5-6 hours
Work for when full charge	1 hour
Auto Timer	10 minutes
Weight only the massager	682 gms / 1.50 lbs
Overall size of massager	23.5 x 6 x 19 cm

PRODUCT FEATURES:

fig. 1

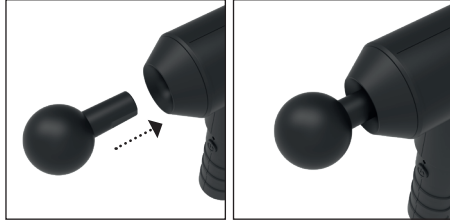


INSTRUCTIONS FOR USE:

fig. 2



fig. 3



CHARGING YOUR DEVICE

1. To charge the product, plug the charging cable into a USB socket and connect the cable to the charging socket on the bottom of the handle (fig.2). Please use Australia approved power adaptor to power the product.
2. Once the charging cable is connected, the charging indicator LED will illuminate and blink red. As soon as the device is fully charged the LED indicator will change to blue.
3. Once the product is fully charged, disconnect it from the power supply.
4. The product requires 5-6 hours of charging for a full charge and will last for approximately 1 hour of use.

WARNING. Adaptor output charging voltage of 5Vdc and 1A must not be exceeded. If the voltage input exceeds 5V, the massager will terminate charging and the indicating light will blink in blue in order to remind you to use the correct voltage adaptor. Adaptor must be removed from the socket when not in use.

USING YOUR DEVICE

1. Select the desired massage head and fasten it into the socket on the front of the massager (fig.3). It should be finger tight only as overtightening may cause damage to the product.
2. Press and hold the power on/off/power level button for 3 seconds to turn the device on.
3. Pressing the on/off/power button again will cycle through the power levels:
 - Press x 1: **LO**
 - Press x 2: **MID**
 - Press x 3: **HI**
 - Pressing the button again will repeat this sequence

4. Gently move the massage head over the part of the body you wish to massage at first, then gently apply more pressure as desired. If you are a first time user it is recommended that you start on power level 1 and press gently.
5. A long press on the on/off/power button for 1 second will turn the massager off.
6. The product cannot be used while charging

DO NOT USE THE PRODUCT FOR OVER 30 MINUTES CONTINUOUSLY.

IF THE PRODUCT IS USED FOR OVER 30 MINUTES IT MAY TRIGGER THE HEAT PROTECTION FEATURE AND STOP AUTOMATICALLY.

PLEASE WAIT FOR AT LEAST 30 MINUTES FOR THE PRODUCT TO COOL OFF BEFORE RE-USING.

CLEANING YOUR DEVICE.

- Make sure the device is unplugged from any power supply and allow to cool before cleaning. Clean only with a soft, slightly damp sponge.
- Never allow water or any other liquid to come into contact with the appliance.
- Do not immerse in any liquid to clean.
- Never use abrasive cleaners, brushes, glass/furniture polish, paint thinner, etc to clean.

Distributed by

HOMEDICS®

1-YEAR LIMITED WARRANTY

We or us means HoMedics Australia Pty Ltd ACN 31 103 985 717 and our contact details are set out at the end of this warranty; **You** means the purchaser or the original end-user of the Goods. You may be a domestic user or a professional user; **Supplier** means the authorised distributor or retailer of the Goods that sold you the Goods in Australia and New Zealand; and **Goods** means the product or equipment which was accompanied by this warranty and purchased in Australia and New Zealand.

For Australia:

Our Goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled, subject to the provisions of the Australian Consumer Law, to a replacement or refund for a major failure and for compensation for any other reasonably foreseeable loss or damage. You are also entitled, subject to the provisions of the Australian Consumer Law, to have the Goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure. This is not a complete statement of your legal rights as a consumer.

For New Zealand:

Our Goods come with guarantees that cannot be excluded under the Consumer Guarantees Act 1993. This guarantee applies in addition to the conditions and guarantees imposed by that legislation.

The Warranty

HoMedics sells its products with the intent that they are free of defects in manufacture and workmanship under normal use and service. In the unlikely event that your HoMedics product proves to be faulty within 1 year from the date of purchase due to workmanship or materials only, we will replace it at our own expense, subject to the terms and conditions of this guarantee. The warranty period is limited to 3 months from the date of purchase for products used commercially/professionally.

Terms and Conditions:

In addition to the rights and remedies that you have under the Australian Consumer Law, Consumer Guarantees Act of New Zealand or any other applicable law and without excluding such rights and remedies warranty against defects:

1. The Goods are designed to withstand the rigors of normal household use and are manufactured to the highest standards using the highest quality components. Whilst unlikely, if, during the first 12 months (3 months commercial use) from their date of purchase from the Supplier (Warranty Period), the Goods prove defective by reason of improper workmanship or materials and none of your statutory rights or remedies apply, we will replace the Goods, subject to the terms and conditions of this warranty.
2. We do not have to replace the Goods under this Additional Warranty if the Goods have been damaged due to misuse or abuse, accident, the attachment of any unauthorised accessory, alteration to the product, improper installation, unauthorised repairs or modifications, improper use of electrical/power supply, loss of power, malfunction or damage of an operating part from failure to provide manufacturer's recommended maintenance, transportation damage, theft, neglect, vandalism, environmental conditions or any other conditions whatsoever that are beyond the control of HoMedics.
3. This Warranty does not extend to the purchase of used, repaired or second-hand products or to products not imported or supplied by HoMedics Australia Pty Ltd, including but not limited to those sold on offshore internet auction sites.
4. This Warranty extends only to consumers and does not extend to Suppliers.
5. Even when we do not have to replace the Goods, we may decide to do so anyway. In some cases, we may decide to substitute the Goods with a similar alternative product of our choosing. All such decisions are at our absolute discretion.
6. All such replaced or substituted Goods continue to receive the benefit of this Additional Warranty for the time remaining on the original Warranty Period (or three months, whichever is the longest).
7. This Additional Warranty does not cover items damaged by normal wear and tear including but not limited to chips, scratches, abrasions, discolouration and other minor defects, where the damage has negligible effect on the operation or performance of the Goods.
8. This Additional Warranty is limited to replacement or substitution only. As far as the law permits, we will not be liable for any loss or damage caused to property or persons arising from any cause whatsoever and shall have no liability for any incidental, consequential, or special damages.
9. This warranty is only valid and enforceable in Australia and New Zealand.

Making a Claim:

In order to claim under this Warranty, you must return the Goods to the Supplier (place of purchase) for replacement. If this is not possible, please contact our Customer Service department by email: cservice@homedics.com.au or at the address below.

- All returned Goods must be accompanied by satisfactory proof of purchase which clearly indicates the name and address of the Supplier, the date and place of purchase and identifies product. It is best to provide an original, legible, and unmodified receipt or sales invoice.
- You must bear any expense for return of the Goods or otherwise associated with making your claim under this Additional Warranty.

NOTES:

Contact:

HoMedics Australia Pty Ltd, 14 Kingsley Close, Rowville, VIC3178 | Phone: (03) 8756 6500
Phoenix Distribution NZ Ltd, 4 Lovell Court, Albany, Auckland, New Zealand 0632 (09) 917 7106

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